

LEARN THE ANSWERS TO THE QUESTIONS

- WHEN IS SURGERY NECESSARY?
- HOW TO DO CHORES WITHOUT BACK PAIN?
- HOW TO TREAT SCIATICA?

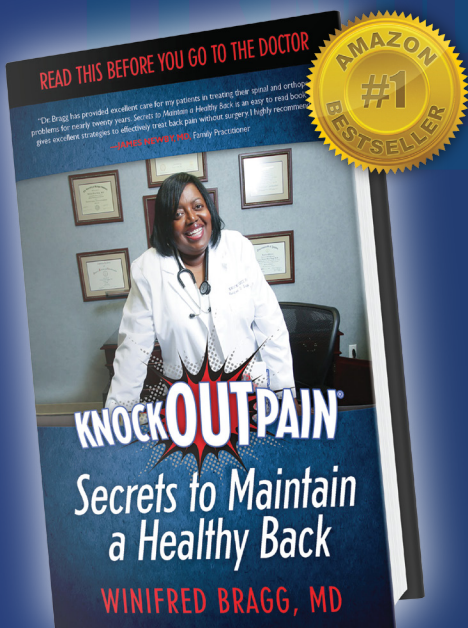
WINIFRED BRAGG, MD

CEO, Spine and Orthopedic Pain Center
Norfolk and Chesapeake Virginia

PRESENTS

SECRETS TO RELIEVE BACK PAIN

Saturday, November 12, 2016, 10:00 am to 12:00 PM
Pleasant Grove Baptist Church, 2153 Kempsville Road, Virginia Beach
VA 23464, Pastor Joyce Rose Scott



'Knockoutpain® Secrets to Maintain a Healthy Back' by Dr. Winifred Bragg is an easy to read illustrated guide that provides helpful information on how to prevent back pain and avoid surgery. I highly recommend it.

Jack Canfield, Cocreator of the
'Chicken Soup for the Soul®' series



Order at www.knockoutpain.com
and at amazon.com

Register at : (757) 333-3360