



SPINE AND ORTHOPEDIC PAIN CENTER, PC

Winifred D. Bragg, MD, FAAPMR

6160 Kempsville Circle
Suite 303A
Norfolk, Virginia 23502

112 Gainsborough Square
Suite 100
Telephone 757-333-3360 Chesapeake, Virginia 23320

SUMMARY NOTICE OF PRIVACY PRACTICES

Effective August 4, 2005

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED, AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This notice describes the privacy practices of Spine and Orthopedic Pain Center, P.C.

OUR PLEDGE: We understand that medical information about you and your health is personal. We are committed to protecting it.

HOW WE USE OR DISCLOSE YOUR HEALTH INFORMATION: We may use your protected health information (PHI) in order to provide you with medical treatment, obtain payment for services provided to you and to conduct our health care operations to ensure all of our patients receive quality services.

YOUR RIGHTS REGARDING MEDICAL INFORMATION ABOUT YOU: You have the following rights regarding your medical information (some require your written request): You may request access to your medical record and billing information. You have the right to request restrictions regarding your PHI. You have the right to request an amendment if you think your PHI is incorrect. You have the right to an accounting of the disclosures we have made regarding your PHI. You have the right to revoke any former authorization you have given us regarding disclosure of your PHI. You have the right to receive confidential communications. You have the right to file a complaint if you feel we have violated your privacy rights.

You may receive a full paper copy of Spine and Orthopedic Pain Center, P.C.'s Notice of Privacy Practices by asking in person at our front desk or in writing to our privacy officer. For further information, please contact our privacy officer at (757)333-3360.

Please direct all written correspondence to our Norfolk office as indicated above.

[Patient Signature]

[Date]



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PATIENT INFORMATION RELEASE

The Spine and Orthopedic Pain Center recognizes and respects a patients' right to privacy of their medical records and billing matters. Your medical and/or billing matters will not be discussed with anyone without permission. This includes your spouse, family members, friends and others. In order for us to speak with anyone regarding you, **even in the event of an emergency**, you must specify to whom we may speak.

If you wish for us to be able to release information regarding you, please indicate below.

I give permission for the physician and staff of the Spine and Orthopedic Pain Center to discuss information indicated, regarding myself to:

<u>Name</u>	<u>Relationship</u>	<u>Type of Information To Be Released</u>
_____	_____	Medical/Financial
_____	_____	Medical/Financial
_____	_____	Medical/Financial

In the event of an emergency, please contact:

Name: _____

Relationship: _____

Home Phone: _____

Cell Phone: _____

Patient Name: _____

Signature: _____



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Missed Appointments

I understand that if I fail to give 48 hours notice for cancellation of my appointments, I will be charged \$25.00 for that missed appointment.

Patient Signature (Parent or Guardian)

Date

Witness

Date

Policy effective April 4, 2007

INITIAL MEDICAL QUESTIONNAIRE

Patient: _____ Date: _____ Chart No.: _____

WHERE IS YOUR PAIN NOW?

Mark the areas on your body where you feel the sensations described below, using the appropriate symbol. Mark the areas of radiation. Include all affected areas.

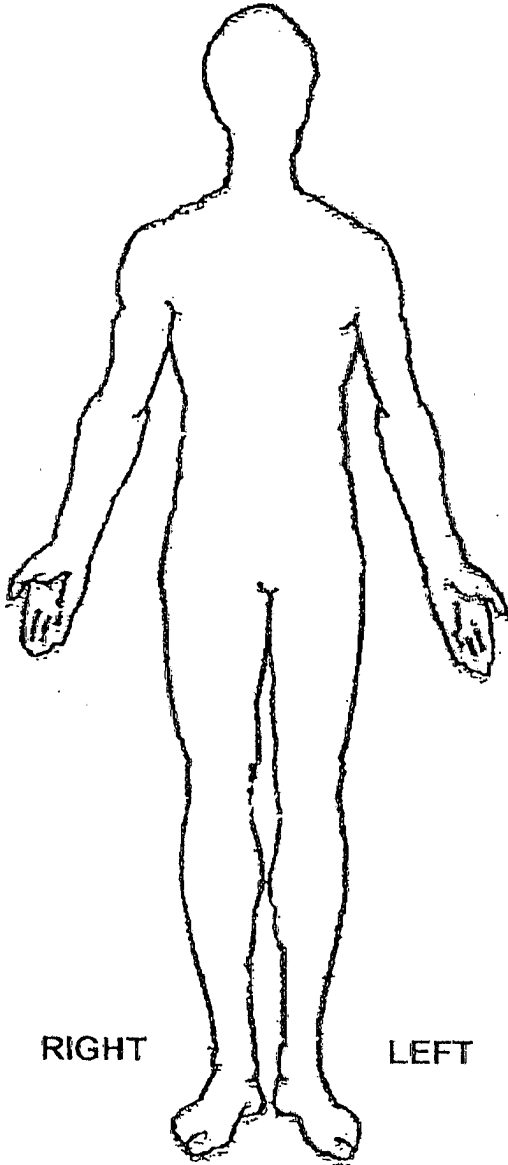
ACHING
▲▲▲

NUMBNESS
===

PINS AND NEEDLES
○○○

BURNING
XXX

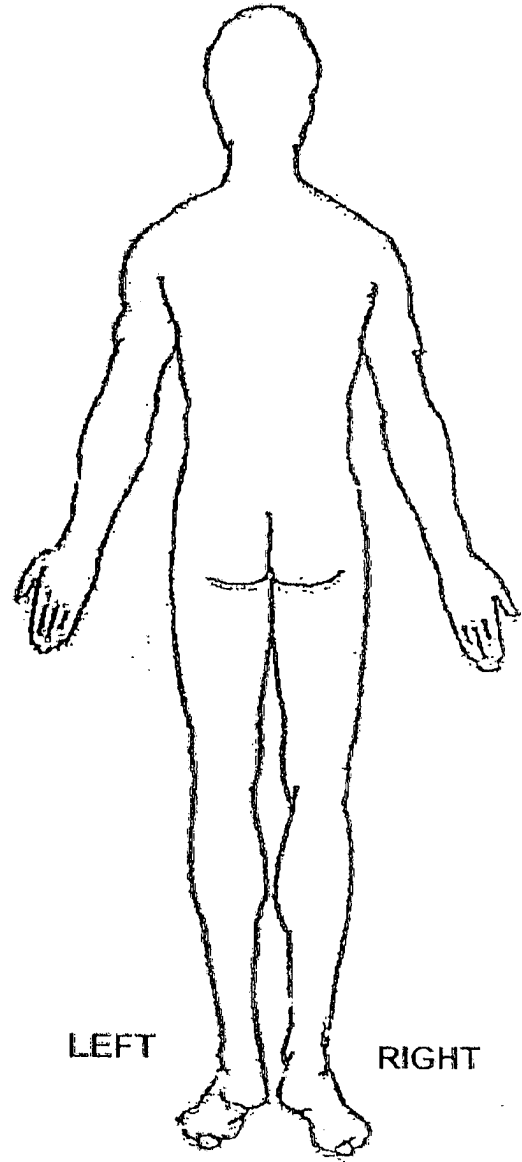
STABBING
///



RIGHT

LEFT

FRONT



LEFT

RIGHT

BACK

HOW BAD IS YOUR PAIN NOW?

Please mark with an X on the pain drawing where the pain is worst now.

Where is the pain today? _____

Is your pain today: Same Better Worse compared to when it began?

What activities make it worse? (Please Circle)

Exercise (during)	Standing	Bending backward	Reaching
Exercise (after)	Walking	Coughing	Lifting
Sitting	Bending forward	Sneezing	
Driving			

What reduces the pain? (Please Circle)

Lying down	Manipulation	Muscle relaxant pills
Sitting	Home exercises	Aspirin/Anti-inflammatory pills
Standing	Exercises in physical therapy	Nothing
Walking	Pain pills	Heat / Ice
Injections for pain	Other _____	

What is the time interval between attacks of pain?

Constantly Daily Weekly Monthly Yearly

Have you been in constant pain since it began or is your pain intermittent? Describe _____

Have you noticed any: Numbness Tingling

Do your arms/legs get weak with your pain? _____

Do you have full control of your bladder and bowels? _____

Do you experience pain with sexual activity? Yes NO

Choose the number of the word which best describes your pain:

0	2	4	6	8	10
NONE	MILD	DISCOMFORTING	DISTRESSING	HORRIBLE	EXCRUCIATING

Patient Name: _____ **Date:** _____

Circle "YES" if you currently or previously suffered from the following conditions. If not, circle "NO".

ANEMIA	YES	NO	HIGH CHOLESTEROL	YES	NO
ANXIETY	YES	NO	HYPERTENSION	YES	NO
ASTHMA	YES	NO	HYPERTHYROIDISM	YES	NO
BLEEDING DISORDER	YES	NO	KIDNEY DISEASE	YES	NO
BLOOD CLOTS	YES	NO	KIDNEY STONE	YES	NO
COPD	YES	NO	LEG OR FOOT ULCER	YES	NO
CANCER	YES	NO	LIVER DISEASE	YES	NO
CORONARY ARTERY DISEASE	YES	NO	LUNG DISEASE	YES	NO
DEPRESSION	YES	NO	MIGRAINES	YES	NO
DIABETES	YES	NO	OSTEOPOROSIS	YES	NO
DIVERTICULITIS	YES	NO	PACEMAKER	YES	NO
FIBROMYALGIA	YES	NO	PULMONARY EMBOLISM	YES	NO
GERD/REFLUX	YES	NO	RHEUMATOID ARTHRITIS	YES	NO
GOUT	YES	NO	SEIZURES/EPILEPSY	YES	NO
HIV/AIDS	YES	NO	STROKE	YES	NO
HEART ATTACK	YES	NO	THYROID PROBLEMS	YES	NO
HEART DISEASE	YES	NO	TUBERCULOSIS	YES	NO
HEART PROBLEMS	YES	NO	ULCERS	YES	NO
HEPATITIS	YES	NO	VASCULAR DISEASE	YES	NO
HERNIA	YES	NO			

LIST ANY SURGERIES

DATE:

TYPE OF SURGERY:

_____	_____
_____	_____
_____	_____
_____	_____

ARE YOU CURRENTLY TAKING ANY MEDICATIONS: YES NO

PLEASE LIST ALL MEDICATIONS:

DO YOU HAVE ANY ALLERGIES TO MEDICATIONS: YES NO

PLEASE LIST ANY ALLERGIES
MEDICATION

REACTION:

I AUTHORIZE THE REVIEW OF ANY REPORT GENERATED UNDER MY NAME IN THE VA
PRESCRIPTION MONITORING PROGRAM. _____ (INITIAL HERE_

WHO IS YOUR CURRENT PRIMARY CARE PHYSICIAN?
NAME: _____

PHONE: _____

SOCIAL HISTORY:

EDUCATION LEVEL _____

OCCUPATION _____

MARITAL STATUS

SINGLE MARRIED DIVORCED WIDOWED DOMESTIC PARTNER

LIVE ALONE OR WITH OTHERS _____

SMOKING STATUS _____

SMOKING-HOW MUCH? _____

ALCHOL INTAKE _____

ILLCIT DRUG USE _____

CHEWING TOBACCO _____

SEAT BELTS USED ROUNTINELY

YES NO

NUMBER OF CHILDREN _____

HAND DOMINANCE

RIGHT LEFT BILATERAL

WORK RELATED INJURY

YES NO

AUTO RELATED INJURY

YES NO

ABLE TO CARE FOR SELF

YES NO

FAMILY HISTORY:

RELATIONSHIP TO YOU

ARTHRITIS

HEART DISEASE

MUSCULAR DISEASE

CANCER

HIGH BLOOD PRESSURE

HIGH CHOLESTEROL

DIABETES

REVIEW OF SYSTEMS

CIRCLE ANY THAT APPLY:

Constitutional Systems:

Fever/Chills
Weight Loss
Fatigue

Eyes:

Double Vision
Blurring
Trauma
Glasses/Contacts

ENT & Mouth:

Deafness
Sinusitis
Tinnitus
Hoarseness
Vertigo

Cardiovascular:

Chest Pain
Palpitations
Hypertension
Irregular Beats

Hematologic/Lymphatic:

Bleeding Tendency
Lymph Node Pain
Lymph Node
Enlargement

Respiratory:

Shortness of Breath
Asthma
COPD
Cough
Coughing up Blood

GI:

Loss of Appetite
Weight Change
Diarrhea
Constipation
Abdominal Pain
Bloody Stools

GU:

Incontinence
Pain with Urination
Sexual Dysfunction
Hesitancy

MS:

Fracture
Sprains
Pain
Swelling
Arthritis
Stiffness
Muscle Wasting

Skin/Breast:

Lesions
Scars
Masses

Neurological:

Speech
Trouble Swallowing
TIA/CVA
Numbness
Tingling
Seizures
Weakness
Balance/coordination
Memory

Psychological:

Depression
Anxiety
Hallucinations
Sleep Disturbances

Endocrine:

Increase in thirst
Increase in appetite
Hypo/Hyperactivity
Growth/Hair Changes